

Summer Menu: 9th April – 26th October 2018

Name:		Class:					
*Sides and Pudding options are available to all, so do NOT require selection.		WEEK ONE 09/04, 30/04, 21/05, 18/06, 09/07, 03/09, 24/09, 15/10		WEEK TWO 16/04, 07/05, 04/06, 25/06, 16/07, 10/09, 01/10, 22/10		WEEK THREE 23/04, 14/05, 11/06, 02/07, 23/07, 17/09, 8/10	
		Please enter a 'X' against the meals required		X	Please enter a 'X' against the meals required		X
Mondays	Main	Mediterranean Cheese and Tomato Pizza		Hot Dog in a Roll		Jacket Potato with a choice of Cheese, Baked Beans or Tuna Mayonaise	
	Veg			Veggie Hotdog in a Roll			
	Sides	Vegetable Sticks and Wholemeal Bread		Salad Bar, Tomato Sauce and Cooked Onions		Salad Bar and Wholemeal Bread	
	Sandwich	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	
	Pudding	Frozen Raspberry Yogurt or Yogurt or Fresh Fruit		Fresh Fruit Salad and Ice-Cream or Fresh Fruit		Fresh Fruit Salad or Fresh Fruit	
Tuesdays	Main	Mild Beef Chilli & Rice		Pasta Bolognese		Ham Puff Pastry Pinwheel Pizza	
	Veg	Quorn Chilli & Rice		Vegetable Pasta Bolognese		Cheese Puff Pastry Pinwheel Pizza	
	Sides	Peas and Wholemeal Bread		Mixed Vegetables and Wholemeal Bread		Vegetable Sticks & Wholemeal Bread	
	Sandwich	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	
	Pudding	Cheese and Biscuits with Fresh Fruit Segments		Cheese & Biscuits with Fresh Fruit or Fresh Fruit		Cheese and Biscuits with Fresh Fruit Segments	
Wednesdays	Main	Homemade Chicken Goujons with Smiley Faces		Roast Chicken with Roast Potatoes		Chicken & Tomato Pasta Bake	
	Veg	Vegetable Fingers & Smiley Faces		Quorn Roast		Veg & Bean Pasta Bake	
	Sides	Carrots, Green Beans, Wholemeal Bread		Carrots, Peas, Gravy and Wholemeal Bread		Peas and Wholemeal Bread	
	Sandwich	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	
	Pudding	Pears & Custard or Fresh Fruit		Summer Fruit Pie & Ice Cream or Fresh Fruit		Peaches & Custard or Fresh Fruit	
Thursdays	Main	Gammon Ham & New Potatoes		Ham & Salad Baguette		Beef Burger in a Bun	
	Veg	Egg & Cheese Salad & New Potatoes		Cheese & Salad Baguette		Veggie Burger in a Bun	
	Sides	Vegetable sticks & Wholemeal Bread		Vegetable Sticks & Pickles/Wholemeal Bread		Salad, Wholemeal Bread, Cooked Onions, Tomato Sauce and Relish	
	Sandwich	Ham or Cheese* Roll (delete one choice) with Mixed Salad	H C	Ham or Cheese* Baguette (delete one choice) with Mixed Salad	H C	Ham or Cheese* Roll (delete one choice) with Mixed Salad	
	Pudding	Frozen Strawberry & Vanilla Mousse or Fresh Fruit		Frozen Yogurt or Yogurt or Fresh Fruit		Ice Cream Sundae or Fresh Fruit	
Fridays	Main	Fish & Curly Fries		Fish Fingers & Fries		Salmon Fishcakes and Potato Wedges	
	Veg	Veggie Sausage & Curly Fries		Veggie Fingers & Fries		Veggie Nuggets & Potato Wedges	
	Sides	Baked Beans, Salad Bar, Wholemeal Bread		Baked Beans, Salad Bar, Wholemeal Bread		Baked Beans, Salad Bar, Wholemeal Bread	
	Wrap	Ham or Cheese* Wrap (delete one choice) with Mixed Salad and Coleslaw	H C	Ham or Cheese* Wrap (delete one choice) with Mixed Salad and Coleslaw	H C	Ham or Cheese* Wrap (delete one choice) with Mixed Salad and Coleslaw	
	Pudding	Jelly & Ice Cream or Fresh Fruit		Cookies and Milk or Fresh Fruit		Frozen Yogurt or Yogurt or Fresh Fruit	

Salad bar & wholemeal bread available daily. Our meat is freedom food or free range + seasonal vegetables & fruit are sourced locally. Eggs are free-range and gravy is vegetarian. Dairy free and coeliac dietary needs can be catered for. All food is nut free.