

WEEK ONE

West Pennard Food Festival

30th October, 20th November , 11th December

THEME DAYS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Sausage Pizza with Salad Bar	Beef Bolognaise with Peas	Roast Chicken With Roast Potatoes, Veg & Gravy	Hot Dogs with Salad Bar	Fish Fingers or Salmon fishcakes Fish fingers or Salmon Fishcakes Served with Chips and Baked Beans
The Other Stage (vegetarian)	Margherita Pizza with Salad Bar	Vegetable Bolognaise with Peas	Quorn Roast with Roast Potatoes, Veg & Gravy	Vegetarian Hot Dogs with Salad Bar	Vegetarian Fish Fingers Vegetarian Fish Fingers Served with Chips & Beans
	V	V	V	V	V
	Jacket Potatoes are available daily with either cheese, beans or Tuna.				
Shangri-La	Tinned fruit and Chocolate Custard	Lemon & Blueberry Cake	Fruity Oat Crumble Bars	Chocolate Cupcakes	Gingerbread Biscuits



All our food is locally sourced, cooked on site and of the highest quality.



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

WEEK ONE

Allergy Information

THEME DAYS

Item Name	Allergy Information
Sausage Pizza with Salad Bar	Contains: wheat, soya, dairy
Margherita Pizza with Salad Bar	Contains: wheat, soya, dairy
Tinned Fruit and Chocolate Custard	Contains: wheat, maize, dairy
Beef Bolognaise and Peas	Contains: wheat
Vegetable Bolognaise and Peas	Contains: wheat
Lemon & Blueberry Cake	Contains: wheat, eggs, dairy
Roast Chicken with Roast Potatoes, Vegetables & Gravy	Contains: No Allergens
Quorn Roast with Roast Potatoes, Vegetables & Gravy	Contains: egg, dairy
Fruity Oat Crumble Bars	Contains: oats, dairy
Hot Dogs with Salad Bar	Contains: wheat
Vegetarian Hot Dogs with Salad Bar	Contains: wheat, eggs
Chocolate Cupcakes	Contains: wheat, eggs
Fish Fingers or Salmon Fish Cake with Chips & Baked Beans	Contains: fish, wheat
Vegetarian Fish Fingers with Chips & Baked Beans	Contains: wheat
Gingerbread Biscuits	Contains: wheat, eggs
Jacket Potato with Cheese	Contains: cheese
Jacket Potato with Beans	Contains: No Allergens
Jacket Potato with Tuna	Contains: fish



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Meat Veggie Jacket Potato Packed Lunch

WEEK TWO

West Pennard Food Festival

6th November, 27th November

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Pepperoni & Tomato Pinwheel with Salad	Beef Lasagne with Vegetables	Gammon & Pineapple with Roast Potatoes & Vegetables	Chicken Burger in a Bun With Salad	Fish Cake Or Salmon Fishcake with Chips, & Baked Beans
The Other Stage (vegetarian)	Cheese & Tomato Pizza Puff Pinwheels with Salad V	Lentil & Vegetable Lasagne with Vegetables V	Meat Free Sausages with Roast Potatoes and Vegetables V	Vegetarian Burger in a Bun With Salad V	Vegan Quorn Nuggets with Chips & Baked Beans V
Pasta is available daily with either Cheese / Tomato / Tuna ■					
Shangri-La	Fruit Salad	Fruit Poke Cake	Crumble & Custard	Seasonal Cupcakes	Lucky Dip Biscuits
<div><div>HERITAGE FINE FOOD COMPANY Ltd.</div><div>GRIFFITHS Quality Butchers</div><div>Bidfood</div></div>					

Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

THEME DAYS

Christmas Dinner

World Food Days

NEW HORIZONS

And Many More...

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▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

WEEK TWO

Allergy Information

Item Name	Allergy Information
Pepperoni & Tomato Pinwheel & Salad	Contains: wheat, dairy
Cheese & Tomato Pizza Puff Pinwheels & Salad	Contains: wheat, dairy
Fruit Salad	Contains: No Allergens
Beef Lasagne with Vegetables	Contains: wheat, dairy
Lentil & Vegetable Lasagne with Vegetables	Contains: wheat, dairy
Fruit Poke Cake	Contains: eggs, wheat
Gammon & Pineapple with Roast Potatoes & Vegetables	Contains: No Allergens
Meat Free Sausages with Roast Potatoes & Vegetables	Contains: wheat, soya
Crumble & Custard	Contains: dairy, wheat
Chicken Burger in a Bun with Salad	Contains: wheat, celery, cereals containing gluten, sesame
Vegetarian Burger in a Bun with Salad	Contains: wheat, soya, gluten, sesame, soy
Seasonal Cupcakes	Contains: wheat, eggs
Fishcake Or Salmon Fishcake with Chip and Baked Beans	Contains: fish, wheat
Vegan Quorn Nuggets with Chips & Baked Beans	Contains: wheat, cereals containing gluten
Lucky Dip Biscuits	Contains: wheat, dairy, eggs
Pasta with Cheese	Contains: wheat, dairy
Pasta with Tomato	Contains: wheat
Pasta with Tuna	Contains: wheat, fish

THEME DAYS

Christmas Dinner

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▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

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WEEK
THREE

West Pennard Food Festival

13th November, 4th December

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Tuna & Sweetcorn Pasta & Salad	Chicken & Rice Bake with Peas & Carrots	Cottage Pie & Vegetables	Sausage Pie & Baked Beans	Battered Fish or Salmon Fishcake with Chips, and Peas
The Other Stage (vegetarian)	Cheese & Tomato Pasta & Salad	Vegetable & Lentil Rice Bake with Peas & Carrots	Quorn Mince Cottage Pie & Vegetables	Cheese & Potato Pasty & Baked Beans	Beany Wrap with Salad
	V	V	V	V	V
	Sandwiches is available daily with either Cheese or Ham on either White or Brown Bread				
Shangri-La	Fruit Smoothie or Fruit	Fruity Sheet Cake with Ice Cream	Chocolate Pastry Twists	Banana Crumble Cupcakes	Seasonal Flapjack

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WEEK
THREE

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Item Name	Allergy Information
Tuna & Sweetcorn Pasta & Salad	Contains: wheat, fish
Cheese & Tomato Pasta & Salad	Contains: wheat, dairy
Fruit Smoothie or Fruit	Contains: No Allergens
Chicken & Rice Bake with Peas & Carrots	Contains: wheat
Vegetable & Lentil Rice Bake with Peas & Carrots	Contains: wheat
Fruity Sheet Cake with Ice Cream	Contains: dairy, wheat, eggs
Cottage Pie & Vegetables	Contains: dairy
Quorn mince Cottage Pie & Vegetables	Contains: barley, eggs
Chocolate Pasty Twists	Contains: dairy, wheat
Sausage Pie & Baked Beans	Contains: wheat, dairy
Cheese & Potato Pasty & Baked Beans	Contains: wheat, dairy
Banana Crumble Cupcakes	Contains: eggs, wheat, dairy
Battered Fish or Salmon Fishcake with Chips and Peas	Contains: fish, wheat
Beany Wrap with Salad	Contains: wheat, dairy
Seasonal Flapjack	Contains: oats, soya
Cheese Sandwich (White Bread)	Contains: wheat, dairy
Cheese Sandwich (Brown Bread)	Contains: wheat, dairy
Ham Sandwich (White Bread)	Contains: wheat
Ham Sandwich (Brown Bread)	Contains: wheat

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Christmas Dinner

World Food
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