

Alternative Cold School Meals Menu

September 2020

Yrs 3, 4, 5 & 6

Name _____ Year _____

Please tick choices

Monday	Brown or White Sandwich Ham or Cheese Lettuce + Tomato + Cucumber Piece of Cake Apple or Orange or Banana Bottle water	B		W				
		H		C				
		L		T		C		
		C						
		A		O		B		
		W						
Tuesday	Brown or White Roll Tuna Mayo, Egg Mayo or Salad Mayo Piece of Cake Apple or Orange or Banana Bottle water	B		W				
		T		E		S		
		C						
		A		O		B		
		W						
Wednesday with either	Wrap Chicken & Salad OR Roast vegetables OR Chipolata Sausage & Salad Piece of Cake Apple or Orange or Banana Bottle water	W						
		Ch		RV				
		CS						
		C						
		A		O		B		
		W						
Thursday OR with	White roll with Ham / Cheese / Salad Cold Cheese & Tomato Pizza cucumber sticks Flapjack Apple or Orange or Banana Bottle water	H		C		S		
		P						
		CS						
		FJ						
		A		O		B		
		W						
Friday OR	Ham & Vegetable Savoury Muffin Cheese & Sweetcorn Savoury Muffin Vegetable Sticks Plain Crisps Apple or Orange or Banana Bottle water	HVM						
		CSM						
		VS						
		C						
		A		O		B		
		W						

