

WEEK THREE

West Pennard Food Festival

9th May, 6th June, 27th June, 18th July

THEME DAYS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	3 Cheese Pizza with Garlic bead and Salad	Sausage Pasta with Peas	Roast Chicken With roast potatoes, carrots , Peas and gravy	Brown or White Roll With Ham, Salad Bar to choose from	Fish Fingers or Salmon Fishcake with chips, and peas
The Other Stage (vegetarian)	Cheese and Egg Salad	Quorn Sausage Pasta & Peas	Quorn Roast With roast potatoes, carrots , Peas and gravy	Brown or White Roll With Cheese or Egg Mayonnaise, Salad Bar to choose from	Vegetable Fish Fingers with chips, and peas
Shangri-La	Fresh Fruit and Milk	Banana Chocolate Chip Cake	Chocolate and Raspberry Trifle	Summer Fruit Tray Bake	St Clements Biscuits



Sandwiches are available daily with either cheese/ham and a choice of brown or white bread.



All our food is locally sourced, cooked on site and of the highest quality.



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

WEEK THREE

Allergy Information

Item Name	Allergy Information
3 cheese Pizza , Garlic Bread and Salad	Contains: Dairy, Wheat
Cheese and Egg Salad	Contains: Dairy, eggs
Fresh Fruit and Milk	Contains: milk
Sausage Pasta served with Peas	Contains: Wheat
Quorn Sausage Pasta with Peas	Contains: Wheat, eggs
Banana Chocolate chip cake	Contains: Wheat, Dairy, milk
Roast Chicken, Roast Pots carrots , peas & Gravy	Contains: No Allergies
Quorn Roast, Roast Pots carrots , peas & Gravy	Contains: Egg , Dairy
Chocolate & Raspberry Trifle	Contains: Maize, Wheat, Dairy, egg
Brown / White Roll with Ham and Salad Bar	Contains: Wheat , Dairy,
Brown / White Roll with egg Mayo or cheese and Salad Bar	Contains: cereals, wheat, milk, eggs
Summer Fruit Traybake	Contains: Wheat, eggs
Fish Fingers or Salmon Fishcakes ,chips Peas	Contains: cereals containing Gluten, Wheat, Sunflower oil
St Clements Biscuits	Contains: Wheat, eggs
Cheese sandwich (white bread)	Contains: dairy, wheat
Cheese sandwich (brown bread)	Contains: dairy, wheat
Ham sandwich (white bread)	Contains: Dairy, wheat
Ham sandwich (ham bread)	Contains: Dairy, wheat

THEME DAYS



All our food is locally sourced, cooked on site and of the highest quality.



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch